MPY TRI-LINE NEWS

Volume 27, Issue 2

Marion, Polk, Yamhill

Spring/Summer 2020



What a different year we are experiencing. Things that we have planned are being set aside because of the Coronavirus. I hope that you are staying healthy and safe. I know that it is hard to stay home and away from family and friends. Thank goodness for telephones and other electronic devices so we can keep in touch and of course the old fashion mail, for some of us that still remember

This newsletter will just be coming to you by e-mail and I'll have it posted on www.oregon-fce.org. Please pass the information on to those without e-mail.

those "thinking of you" cards.

We had to cancel our Yamhill/Polk Spring Festival and our District III Luncheon in May. Most of our FCE Study Group meeting are cancelled too, so don't forget to call and keep in touch with those members.

What are some interesting ways you are passing this time of staying home? Are you reading, doing puzzles, scrapbooking, making cards? Maybe you are getting your garden plants ready so that when the weather is good you can get them in the garden. With the virus, seed companies are reporting that more people are ordering seeds. Many new gardeners are surprised at how much you can get from a package of seeds and how quickly your lettuce grows and is ready to eat. Now is a good time to get going on writing your memories down for future generations. My husband and I have been doing a lot of baking and then having the kids stop by our "drive thru window" to pick up the goodies.

Again, a reminder if you have changed your address, know of someone who would like to receive this newsletter or someone who received this newsletter and now is deceased please let us know so we can make the needed changes. Send

the changes to Susan Whitaker, 9875 Parker Rd., Monmouth, OR 97361-9762.

Sincerely,

Lynda Nyseth, Editor





From the Desk of the District III Director

Oregon FCE Spring Board Meeting Goes Rogue!

Usually in mid-March your FCE leaders drive from three corners of Oregon to meet in Redmond to hold the Spring Board Meeting. They spend a day and a half to choose next year's lessons, judge contests, and handle concerns. But we understand our world is now under stress and terror.

We 'met' on a conference call and condensed the meeting to 4 hours, with only one 8-minute break. We had worked by email on voting on lessons, and giving our short reports. Scott is a master at keeping us on track. (It's hard to whisper a comment or joke to just one person when you're on a conference call!) This board meeting did not cost us gas, hotel rooms, or driving over the mountains.

Here are the facts.

Oregon has 251 members

Oregon lost 34 members, gained 12 new or returning members

From Oct 2019 to March 2020 Keeper's

Corner Booth raised \$1,225.79

(continued on page 2)

(continued from page 1)

Lessons for 2021, to be taught at this fall's state conference in Springfield.

- 1. Great American Women You Might Not Heard Of
- 2. The True Story of Fight to Make Food Safe (from the book The Poison Squad)
- 3. Scams, Shams and Frauds
- 4. History of Dolls
- 5. Time Management
- 6. Rabies (taught by Margaret Polen and Martha Crawford National FCE)

Our Country of choice is **Malaysia** as it will host the next ACWW Triennial.

It is the hope of your County Council and District Director to make sure the lessons you are missing will be taught some time. I have mailed two lessons to members who contacted me and who did not want to wait. I'm glad to mail a lesson to any FCE member.

Our April training on "Let's Get Outside" is a packet lesson and was to be picked up at the Extension Offices, but since they are closed, we will let you know when/where and how you can get that lesson.

We have 8 study groups and about 79 FCE members in District III.

Right now, I need someone Techy to lead me through the steps to download Adobe reader. The Prompts use words I don't understand.

Take care of yourself and your family. Anne Engen, District III Director



What did your FCE Study Group do so far in 2020?

We last met on the second Wednesday of the month, March 11, 2020, at the Dexter Fire Hall.

We were so happy that our favorite guests from Lebanon attended, Sherryl Coats and Vicki Graves. Nadine Reed gave the interesting lesson on The Night Janitor. We enjoyed a hearty potluck meal in the fire hall and visited with some of the firemen coming in for lunch. Just down the street is our local medical clinic. Nurse Practitioner Mary and her assistant were out for a walk in the sunshine at lunch time and stopped in to say hello. There were hugs all around and a lot of laughter. These were the halcyon days of our recent past. We were concerned only that snow was predicted below pass level and we would need to get a few groceries "just in case".

And now we are all staying-put. We are keeping track of each other on the phone, some of us are sewing medical masks for the hospital and for ourselves. Our Dexter Food Bank has remained open twice a month with many precautions. Two of our husbands volunteer there. We are also reaching out by mail now to our birthday members and those who would not be able to attend anyway. We don't know when we will be able to meet again as before. We are grateful to have each other as friends and will miss each other but this too shall pass! We remind each other that at least we have heat, can flush the toilet and take showers, unlike a year ago. We miss seeing our grandchildren faceto-face but it could be worse, they might live in Sweden or New York! (a)

So, keep your chins up and wash your hands!

Here's a little funny photo for you of Carol Jung at an FCE meeting, practicing to cut the cake at a wedding. No mask was involved, just a hair net!



Submitted by Carol Jung, Lost Creek FCE

SPRING 2020

AS GOOD AS MO'S CLAM CHOWDER

1lb. bacon, diced and ¼ lb smoked ham, diced, cook until bacon is brown

Drain off fat.

Add 6 cups chopped onion sauté until limp

Stir in ¼ cup flour

Add 6 cups drained clams

Add 12 cups diced potatoes

Cook about 15 minutes, until potatoes are

Very soft

Add 6 cups milk

Season to taste with salt and pepper

Serve hot with dot of butter

Sprinkle with paprika on top

Lynda add;

I used some of the bacon fat to sauté the onions and celery

2 cans of canned milk to ½ batch.

Added some celery

Left out ham

4 cans of clams plus the juice

From Amity Fireman's Auxiliary Cookbook Submitted by Lynda Nyseth

Chewy Brownies

4 squares cooking chocolate

1 cup butter

4 eggs, beaten

2 teaspoons vanilla

1cup flour

2 cups sugar

1 teaspoon baking powder

Dash of salt

2 cups pecans or walnuts

Melt chocolate and butter in a sauce pan.

Cool slightly. Remove from stove and add the beaten eggs and the rest of the ingredients.

Stir until blended.

Pour into 9" X 13" baking pan. Bake at 350° for 20 to 25 minutes. Cool and frost.

Brownie Frosting

Cream ½ cup butter until fluffy

Beat in 2 tablespoons instant vanilla pudding powder 3 tablespoons milk

Gradually beat in 2 cups powdered sugar until smooth Spread on brownies

Chill

Spread your favorite chocolate frosting on the brownies over the white frosting.

Submitted by Alene Showers, Open Arms FCE Study Group. Alene says, "These brownies are very rich; cut into small squares.

MORNING MUFFINS

1 egg, lightly beaten

1 cup low-fat milk (1%)

1/3 cup sugar

2 tablespoons vegetable oil

1/2 cup grated carrots or grated zucchini

1/2 cup raisins

½ cup toasted, chopped walnuts (optional)

1 teaspoon vanilla

1 ½ cups flour

½ cup old-fashioned oatmeal

1 teaspoon cinnamon

1 teaspoon baking powder

½ teaspoon soda

½ teaspoon salt

Spray muffin pan with non-stick cooking spray. Set oven 400 degrees.

Mix egg, milk, sugar, oil, carrots, raisins, walnuts and vanilla.

Add wet ingredients to dry ingredients and stir gently until flour is moistened.

Fill muffin cups about ¾ full.

Bake 15 minutes or until edges start to brow. Serve immediately.

Source; OSU Extension Healthy Recipe.

Taco Soup

1 pound of ground beef

1 cup chopped onions (amount, your choice)

1 packet Taco Seasoning Mix

3/4 cup water

1 can (15 oz) whole kernel corn

1 can (15 ¼ oz) kidney beans

 $1 can (14 \frac{1}{2} oz)$ stewed tomatoes

1 can sliced olives

½ to 1 cup mild salsa (or your choice)

Grated cheese (cheddar or your choice)

Sour cream

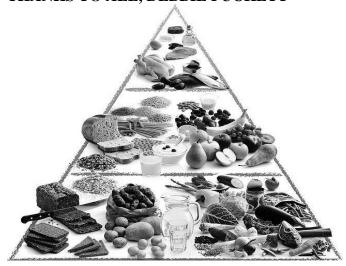
Corn chip crushed

Brown beef and onions; add Taco seasoning and water. Simmer 5 minutes. Add corn, kidney beans, tomatoes and olives. (You may put the salsa in now or let people add it later.) Simmer just long enough to heat through and blend flavors, 10 to 15 minutes. Serve in bowls. Top with a spoonful of sour cream, grated cheese, salsa and corn chips.

Source: Alice Wicks, Amity FCE Study Group. Alice said, "I use just one package of Taco mix even when I double the recipe. I like kidney beans, I use 3 (15 ¼ oz) cans when doubling the recipe".)

Hi Ladies and Gentlemen;

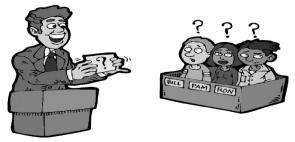
STAY HOME, STAY SAFE, STAY HEALTHY! WE ARE ALL IN THIS TOGETHER! PRAYING FOR ALL. LOVE TO ALL! THANKS TO ALL, DEBBIE PUCKETT



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BRAIN FUN FOOD QUIZ

- 1. What is the source of vanilla?
- 2. What is a Vegan?
- 3. What is edamame?
- 4. Are you familiar with the hot pepper scale?
- 5. What is mesclun?
- 6. How many bottles of catsup does the average American eat in a year?
- 7. What are heirloom tomatoes?
- 8. Is Dandy celery different color or different shape?
- 9. What is Chorizo?
- 10. How do you make compound butter?



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Answers:

- 1. An Orchid bean pod.
- 2. Someone who eats no meat, dairy products, eggs or cheese
- 3. A type of soybean developed in Japan that looks like a fat lima bean.
- 4. Hot peppers are graded by Scoville heat units. A Jalapeno pepper has 800 units. One India (bhut jolokia has 1,001,034 units!
- 5. A blend or mixture of young salad greens.
- 6. Three bottles. Are you getting your share?
- 7. Old-fashioned or "antique" varieties of tomatoes, usually grown from seed.
- 8. It is straw-like; a natural grown stalk with a hollow center.
- 9. It is a spicy, cured sausage.
- 10. Add to softened butter chopped herbs, grated cheese, chopped chilies or grated citrus zest. Mold, wrap in plastic & chill. Serve with crackers, fish, grilled meats or biscuits.

(NAFCE, FALL 2009)

REMINDER

If you have an article, book or movie review for the MPY Tri-Line News send it to Lynda Nyseth, Editor MPY Tri-Line News, 21461 South Hwy 99W, Amity, OR 97101-2239. Our next deadline is August 7, 2020. If you want to send a donation **make check payable to MPY Tri-Line News** and send them to me. If you have a recipe send it to Debbie Puckett, 23130 Zieber Lane NW, Salem, OR 97304. Thank you.

Volunteer Newsletter Staff

MPY Tri-Line News is published quarterly and is supported by voluntary donations. Anyone may receive the newsletter. Send news articles, donations or inquiries to: MPY Tri-Line News, Lynda Nyseth, 21461 S. Hwy 99W, Amity, OR 97101-2239

Executive Editor: Lynda Nyseth

Ph. (503) 835-2044

E-Mail LYNDATrose@aol.com

Column Editors

Food: **Debbie Puckett,** (503) 302-4341 23130 Zieber Ln. NW, Salem, OR 97304

E-Mail Pckttd5@aol.com

Kid's Corner:

Craft Projects: **Sharyl Michael** (503) 949-2057 Managing Editor: **Connie Leavitt** (503) 581-7393

E-Mail <u>cleavitt@wvi.com</u> Proofreader: **Jim Nyseth**

Bookkeeper: Linda Bird (503) 843-2979

Mailing Committee: Linda Bird, Dorene & Ralph Garland, Connie Leavitt, Sharyl Michael, Agnes Grover, Alene Showers, Sally Wyffels

Word Processing & Layout: Lynda Nyseth

Contributors/County Council Chairs

Yamhill/Polk Council: Lynda Nyseth

Marion Council: **Dorene Garland** (503) 769-2057 1030 W. Locust St., Stayton, OR 97383-1137

050 W. Locust St., Stayton, OR 9/385-11

E-Mail mgarland@wvi.com

District III Director: **Anne Engen,** (503) 472-7146 13325 NW Willis Road, McMinnville, OR 97128

E-Mail anne.n.engen@gamil.com

Send your mailing address and/or changes to:

Susan Whitaker 9875 Parker Rd. Monmouth, OR 97361-9762

(503) 910-3567 or

E-Mail susanwhitaker14@gmail.com



The Orphan's Tale By Pam Jenoff

When sixteen-year-old Noa becomes pregnant by a Nazi soldier her father forces her to leave the family and go into a German home for unwed mothers where her baby is forcibly taken from her. Destitute, she works cleaning a train station and living in the station's closet. One night while cleaning the platform she hears strange sounds from one of the train cars. She finds a car full of Jewish infants destined for the concentration camp. She takes one of the infants and flees the guards. She finally finds shelter with a struggling circus that is trying to survive under Hitler's rule during the later stages of WWII. She meets Astrid, a Jewish aerialist who is hiding from the Nazis.

The Orphan's Tale is an engrossing beautiful tale of the power of female friendship in the horror of Germany in WWII.

Ricochet River By Robin Cody

Author Robin Cody is an Oregon author who grew up in Estacada, Oregon and is known for his naturalist feel for the Northwest. He has also authored *Voyage of a Summer Sun*, describing his Journey from headwaters of the Columbia River to the Pacific Ocean.

Ricochet River is the story of the fictional town of Calamus on the Columbia River in the 1960's.

Teenager Wade Curren meets Jesse the Indian boy whose natural abilities make him a star athlete. At first Wade resents Jesse who outplays Wade in sports and even develops a better relationship with Wade's own Grandfather. But eventually Wade learns about the Indian Tribe that Jesse comes from and the Tribes relationship to the River and the importance of the salmon to the Indian culture.

Submitted by Velma Bottenberg, Amity FCE

Thank you Velma for the book reviews.



Events coming up Yamhill Valley Heritage Center Museum, 11275 SW Durham Lane, McMinnville

June 20, Saturday, 8 am to 2 pm Hay Day & Pancake Breakfast

Haying demos with animals & antique farm equipment & draft animals. Blacksmith, sawmill, stagecoach, steam engine, pioneer kids' activities, food, music, exhibits, vendors & more. \$8 adults, free for kids under 12.

August 15 & 16, Saturday & Sunday 10 am to 4 pm Harvest Fest

Old-time harvesting with antique farm equipment & draft animals. Blacksmith, sawmill, stagecoach, steam engine, pioneer kids' activities, food, music, exhibits, vendors & more. \$8 adults, free for kids under 12.

September 12, Saturday

Vintage Baseball

Cheer on the local McMinnville Gristmillers as they play an exhibition vintage baseball game, using rules from the 1800's. Free – donations gladly accepted.

September 19, 10 am to 5 pm

Treasures in the Attic

Quilt Show and Vintage Faire. 120 plus quilts on display, vintage & collectible vendors, antique displays, food & more. \$5 admission.

October 31, Saturday, 5-8 pm

A night at the museum

Halloween themed tour of the museum with activities for all ages (children need to be accompanied by adults). \$5 per vehicle.

December 5 & 6, Saturday 10 am to 5 pm, Sunday 11 am to 4 pm.

Handmade Holidays Bazaar

50 plus vendors, local artists, silent auction & food. Food drive for YCAP. Free – donations gladly accepted.

Brain Teaser

- 1. How can you distribute three apples to two fathers and their two sons, giving a whole apple to each?
- 2. How high would you have to count before you would use the letter "A" in the English language spelling of a whole number?
- 3. Round as a button, deep as a well. If you want me to talk, you must first pull my tail. What am I!
- 4. How many three cent stamps are in a dozen!
- 5. The following sentence can be completed with rhyming words. What are they? It was her BEL__ that the period of GR___ following a tragedy should be BR___.

Quotable Quotes

When you're right, no one remembers. When you're wrong, no one forgets.

If you can't see the bright side of life, polish the dull side.

"Your attitude is like a red sock in a load of whites" – Linda Roy

"Talk with no action, is like a price tag with no product." – Ibn Najeeb

"I don't care how poor a man is; if he has family, he's rich." – Colonel Potter

"It is a wise father that knows his own child." – William Shakespeare

Brain Teasers Answers

- 1. They are Grandfather-Father-Son. The middle is father and a son at the same time!
- 2. One Thousand.
- 3. A bell.
- 4. A dozen, although you probably said four.
- 5. Belief, grief, brief.

These were taken from Fossil News 4/18/2011 & 6/13/2011 fossilnewz@hotmail.com Lisa Vogel

From Sharing & Caring Newsletter Funded by District I Study Groups and friends Volume 23, Issue 2, Oct. 2019

- 1. Johnny's mother had three children. The first child was named April. The 2nd child was named May. What was the third child's name?
- 2. There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers. What does he weigh?
- 3. Before Mt. Everest was discovered what was the highest mountain in the world?
- 4. How much dirt is there in a hole that measures 2 feet by 3 feet by 4 feet?
- 5. What word in the English Language is always spelled incorrectly?
- 6. In California, you cannot take a picture of a man with a wooden leg. Why not?
- 7. What was the President's Name...in 1975?
- 8. If you were running a race, and you passed the person in 2nd place, what place would you be in now?
- 9. Which is correct to say, "The yolk of the egg are white: or "The yolk of the egg is white?"
- 10. If a farmer has five haystacks in one field and four stacks in the other field, how many haystacks would he have if he combined them all in another field?

Answers:

- 1. Johnny, of course.
- 2. Meat.
- 3. Mt. Everest; it just wasn't discovered yet.
- 4. There is no dirt in the hold.
- 5. Incorrectly.
- 6. You can't take a picture with a wooden leg. You need a camera (or phone) to take pictures. (groan).
- 7. Same as it is now Donald Trump (oh, come on...)
- 8. You would be in 2nd. Well, you passed the person in second place, not first.
- 9. Neither the yolk of an egg is yellow (Duh).
- 10. One. If he combines all of his haystacks, they all become one big huge haystack.

Number 7 caused this blond some questioning. You probably understood it was not asking who was president in 1975 but what was the current presidents name in 1975.

FCE Calendar

Marion, Polk and Yamhill County's lesson on "Let's Get Outside" is a packet lesson and we will let your study group leader know when they are available to pick up.

April 29 is ACWW Women Walk the World, you can still do this, either on your own or with others as long as you keep a safe distance. Let me know if you participated.

May 1 is the deadline for articles for the Oregon FCE News and it will be sent out May 15th. I don't know yet whether it will be hard copy or e-mail.

May 10 – Mother's Day

May 15 – deadline for scholarships to NAFCE

May 25 – Memorial Day observed

June 12 – deadline for room reservations NAFCE

June 18 – deadline for early registration NAFCE

June 21 – Father's Day

July 23-26 - NAFCE, Clackamas, OR

Millersburg Picnic – TBA host Linn Co.

Aug. 30 – deadline Margaret Seibold Scholarship for Oregon FCE Conference, Springfield, OR

REMINDER FOR NAFCE and Oregon FCE Conference 2020

This year Oregon is the host for NAFCE Conference to be held in Clackamas, July 23-26. If you have never been to a National Conference this is a great time to go, no flying involved. You get to meet FCE members from all over the USA, learn what is happening in FCE, learn what other states are doing that may work in your study group or state.

Oregon offers a scholarship of \$200 if you attend full-time. This scholarship is funded by FCE auctions and earnings from our booth at Keepers Corner in Klamath Falls. Your FCE State Board wants every FCE member to have a chance to attend a national conference and now is the time. Application forms can be found on our website, www.oregon-fce.org or ask your District Director to get you a form.

October 5-7, Oregon State FCE Conference in Springfield, OR. Plan on attending and supporting District III as we are the host for the conference. More information later.